

Writing it up

my story

THIS MONTH'S TOPIC

Good Cookin'

Tell us all about the healthy foods you love to eat. What's your favourite healthy food and what do you like about it? Who's the best cook in your house? Do you sometimes help mum or dad out in the kitchen? If so, tell us about the things you like to make, and how you do it.

THE RULES! If you're in infants school, your story can be up to 40 words long. If you're in primary school your story should be up to 80 words. If you're in junior secondary school, your essay must be between 150 and 200 words. Entries are now open, and you can enter as many times as you like. All entries will be judged by a panel, and the best story in each age category will WIN AN MP3 PLAYER! Results will be published in the April edition of *Deadly Vibe*.

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ENTRY FORM

Name: _____

Age: _____ Class: _____

School Name: _____

School Address: _____

Phone: _____

Parent/s or Guardian/s written permission for publication*, including photo, has been given

* All competition entries and images that are received may be published in *Deadly Vibe* and on www.vibe.com.au

You can also fax your entry to *Deadly Vibe* at:

Fax 02 4822 8923

WIN a great Kindle E-Reader

ENTRIES IN BY MONDAY 9 APRIL

ATTACH YOUR STORY: GOOD COOKIN'

Fill in this coupon, then attach it to your entry along WITH A PHOTO of yourself (with approval from your parents for us to print the photo in *Deadly Vibe*) and send it to:

**"My Story Competition" Vibe Australia
PO Box 1536
GOULBURN
NSW 2580**



